



Líonra Rannpháirtíochta Pobail Chontae na Gaillimhe Public Participation Network Galway County

PPN NEWSLETTER

(BI-MONTHLY)

15TH OCTOBER 2024

Welcome to Galway County Public Participation Network (PPN) Bi-Monthly Newsletter.

Please Share PPN Newsletters with all members of your group.

Find the latest PPN News here: <https://www.galwaycountypn.ie/news/latest-news/>

To submit news items, email ppn@galwaycoco.ie (write "PPN Newsletter" in the subject).

***News Submissions Deadline: One Week Before Each Newsletter Issue.**

Newsletters are usually issued twice a month - the week of the **1st & 15th** of Each Month.

What to Submit: approx. 50 words, contact info, link to read more, (optional) poster in png/jpg format.

News must be relevant to PPN Members / Community Groups / Non-Profits in County Galway.

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Galway County PPN / National PPN

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Lionra Rannpháirtíochta Pobail Chontae na Gaillimhe
Public Participation Network Galway County

SAVE THE DATE!

19th November 2024

Connemara Coast Hotel

Furbo, Co. Galway

6pm - 9pm

**GALWAY COUNTY PPN
WINTER PLENARY EVENT**

REPS FROM ALL PPN MEMBER GROUPS INVITED!

WHAT TO EXPECT:

Funding & Financing Opportunities

Information Tables

Guest Speakers

PPN Updates

Community, Environmental & Social Inclusion Pillars

PPN Secretariat, Reps & Staff

Members Votes, Approvals & Survey

Refreshments & Info Tables 6:00-6:45 pm

Guest Speakers & More: 6:45-9:00 pm

REGISTRATION, AGENDA & MORE INFO COMING SOON...

Contact: E: ppn@galwaycoco.ie T: 087 233 0720

#GALWAYCOUNTYPPN

WWW.GALWAYCOUNTYPPN.IE

SAVE THE DATE! 19th November 2024 Connemara Coast Hotel, Furbo - County Galway

!!!!All PPN Members Groups are invited!!!!

REGISTRATION REQUIRED! LINK COMING SOON!



Lionra Rannpháirtíochta Phoiblí Chontae na Gaillimhe
Public Participation Network Galway County

**Are you registered to access information
on community funding and training
opportunities?**

Galway County Public Participation Network (PPN) is calling on all grassroots groups from Parish Halls & Community Centres, Men's and Women's Sheds, Volunteer Youth Clubs and Senior Citizen Groups, to make sure they register with the PPN, so they are informed of upcoming funding opportunities to cover running/energy costs, and other capital grants to purchase equipment and upgrade community amenities and facilities.

**Simply click 'register now' on our website
<https://www.galwaycountypn.ie/>**

Galway County PPN is a network of all community and voluntary groups based in County Galway and acts as an information hub between communities and Galway County Council, as well as providing training and capacity-building opportunities for communities.



Líonra Rannpháirtíochta Phoiblí Chontae na Gaillimhe
Public Participation Network Galway County

An bhfuil do ghrúpa cláraithe chun teacht ar eolas maidir le maoiniú pobail agus ar dheiseanna oiliúna?

Tá Líonra Rannpháirtíochta Poiblí Chontae na Gaillimhe (PPN) ag iarraidh ar gach grúpa pobail ó Hallaí Paróiste & Ionaid Phobail, Seideanna na bhFear agus na mBan, Clubanna Óige Deonacha agus Grúpaí Seanóirí, a chinntiú go gcláróidh siad leis an PPN, ionas go gcuirfear ar an eolas iad faoi mhaoiniú atá le teacht, deiseanna chun costais reatha/fhuinnimh a chlúdach, agus deontais chaipitil eile chun trealamh a cheannach agus áiseanna agus áiseanna pobail a uasghrádú.

Níl le déanamh ach cliceáil ar 'cláraigh anois' ar ár suíomh Gréasáin
<https://www.galwaycountypnn.ie/>

Is líonra é PPN Chontae na Gaillimhe de gach grúpa pobail agus deonach atá lonnaithe i gContae na Gaillimhe. Feidhmíonn sé mar nasc eolais idir an pobal agus Comhairle Chontae na Gaillimhe, chomh maith le sin, cuireann sé deiseanna oiliúna agus forbartha aemhainne ar fáil don phobal.

When a group registers it becomes part of the Galway County PPN Structure.

Registration is easy and free of charge!

Registered groups receive regular updates, information on funding opportunities and also benefit from advertising their own community activities free of charge.

Register now: <https://www.galwaycountypnn.ie/registration-form/>

PPN NATIONAL NEWS

PPN NATIONAL CONFERENCE 2024

“Collaboration for Resilient Communities”



Public Participation Networks Ireland

NATIONAL PPN CONFERENCE 2024

The PPN National Conference, **17th and 18th of October 2024** is hosted by PPN Limerick, in collaboration with Limerick City and County Council and the Department of Community and Rural Development.

The yearly conference is a great opportunity to bring together delegates from PPN Membership, Secretariats, Representatives as well as delegates from Local Authorities, Government Departments and other stakeholders, to collaborate, learn and grow the Community of the PPNs.



An Roinn Forbartha
Tuaithe agus Pobail
Department of Rural and
Community Development

From [Department of Rural and Community Development](#)
Public Participation Networks latest news - read more [HERE](#).

An updated edition of a resource guide aimed at ensuring that marginalised and disadvantaged communities have opportunities to participate in local planning and decision-making has been launched.
'A Guide for Inclusive Community Engagement in Local Planning and Decision Making'
Read more [HERE](#). Digital Version of the Guide is [HERE](#).

Government News

LOCAL: GALWAY COUNTY COUNCIL NEWS



Comhairle Chontae na Gaillimhe
Galway County Council

PLenary MEETING

Galway County Council Plenary Meeting is taking place on **Monday, 21st October 2024**

Comhairle Chontae na Gaillimhe
Galway County Council

**HELP GALWAY COUNTY
COUNCIL TO BUILD OUR
CORPORATE PLAN 2025 -2029**

**THE CORPORATE PLAN IS
FOR EVERYONE**

**Draft Galway County
Council Corporate Plan
2025-2029**

Our Corporate Plan underpins what we intend to achieve in the next 5 years as a Council, and we want you to be part of the development of this new Corporate Plan.
This plan set our goals and aspirations over 5 years. We have an opportunity to enhance and stimulate our unique County and our local areas through this plan.

CLOSING DATE FOR SUBMISSIONS – 23rd OCTOBER 2024

**VISIT [CONSULT.GALWAY.IE](https://consult.galway.ie) TO HAVE YOUR
SAY ON THE NEW CORPORATE PLAN**

CUIDIGH LE COMHAIRLE CHONTAE NA GAILLIMHE ÁR BPLEAN CORPARÁIDEACH 2025 -2029 A CHUR LE CHÉILE

IS DO GACH DUINE AN PLEAN CORPARÁIDEACH

Tá ár bPlean Corparáideach mar bhonn agus mar thaca ag a bhfuil beartaithe againn a bhaint amach sna 5 bliana atá amach romhainn mar Chomhairle, agus ba mhaith linn go mbeadh tusa mar chuid d'fhorbairt an Plean Chorporáidigh nua seo.

Leagann an plean seo amach ár spriocanna agus ár mianta thar 5 bliana. Tá deis againn ár gContae agus ár gceantair áitiúla ar leith a fheabhsú agus a spreagadh tríd an bplean seo.

DÁTA DEIRIDH d' AIGHNEACHTAÍ – 23 DEIREADH FÓMHAIR 2024

TABHAIR CUAIRT AR [CONSULT.GALWAY.IE/GA/](https://consult.galway.ie/ga/) CHUN AISEOLAS A THABHAIRT

The closing date for submissions is Wednesday 23rd of October 2024

Our Corporate Plan underpins what we intend to achieve in the next 5 years as a Council, and we want you to be part of the development of this new Corporate Plan.

This plan set our goals and aspirations over 5 years. We have an opportunity to enhance and stimulate our unique County and our local areas through this plan.

VISIT <https://consult.galway.ie/en/browse> TO HAVE YOUR SAY ON THE NEW CORPORATE PLAN.

MOBILE WEEE (WASTE ELECTRICAL AND ELECTRONIC EQUIPMENT) COLLECTIONS OCTOBER 2024

WEEE Ireland, the Irish compliance scheme for electrical and battery recycling, will hold a series of WEEE collections throughout County Galway in the **month of October**. These collections will allow people from towns and villages across the county to dispose of any household electrical, electronic or battery equipment and batteries in a safe and environmentally friendly manner.

WEEE collections are scheduled for the following locations in Galway:

Tuesday 8 th October 2024	10am-1pm	Carna	Bringbanks Site beside Church	Carna, Co. Galway	H91DC53
Tuesday 8 th October 2024	4pm - 7pm	Leitir Móir	Car Park opposite Church	Leitir Móir, Co. Galway	H91F5W4
Thursday 10 th October 2024	10am-1pm	Indreabhán	Micheál Breathnach GAA Club	Indreabhán, Co. Galway	H91X750
Thursday 10 th October 2024	4pm - 7pm	An Spidéal	An Spidéal GAA Club Pitch	An Spidéal, Co. Galway	H91NR71
Saturday 12 th October 2024	10am- 4pm	Portumna	Co-Operative Mart	Dominic Street, Portumna, Co. Galway	H53X867
Tuesday 15 th October 2024	10am-1pm	Maigh Cuilinn	Handball Alley at GAA Pitch	Maigh Cuilinn, Co. Galway	H91WTW5
Tuesday 15 th October 2024	4pm - 7pm	Headford	Headford GAA Pitch	Headford, Co. Galway	H91YFP8
Thursday 17 th October 2024	10am-1pm	Baile Chláir (Claregalway)	Community Centre	Baile Chláir, Co. Galway	H91THH4
Thursday 17 th October 2024	4pm - 7pm	Glenamaddy	SuperValu Car Park	Glenamaddy, Co. Galway	F45CT80
Tuesday 22 nd October 2024	10am-1pm	Williamstown	GAA Pitch	Williamstown, Co. Galway	F45DT73
Tuesday 22 nd October 2024	4pm - 7pm	Monivea	Monivea Abbey GAA Club	Monivea, Co. Galway	H65YX78
Thursday 24 th October 2024	10am-1pm	Kinvara	St. Colman's Church Car Park	Kinvara, Co. Galway	H91CX97
Thursday 24 th October 2024	4pm - 7pm	Woodford	Tommy Larkin's GAA Club	Woodford, Co Galway	H62XW18
Tuesday 29 th October 2024	10am-1pm	Clarínbridge	Car Park at Paddy Burkes	Clarínbridge, Co. Galway	H91FX31
Tuesday 29 th October 2024	4pm - 7pm	Athenry	Co-Operative Mart	Athenry, Co. Galway	H65DW74

For further information contact WEEE Ireland <https://www.weeeireland.ie/contact/> or 012999320.

Electrical, battery and lighting waste can also be recycled throughout the year at civic amenity sites in Tuam, Clifden and Ballinasloe with full details at:

<https://www.galway.ie/en/services/environment/wasteandlitter/civicamenitysites/>

Read more about Galway County Council services: <https://www.galway.ie/en/>

NATIONAL: GOVERNMENT DEPARTMENTS NEWS

<https://www.gov.ie/en/>



Rialtas na hÉireann
Government of Ireland

Department of Rural and Community Development

<https://www.gov.ie/en/organisation/department-of-rural-and-community-development/>



An Roinn Forbartha
Tuaithe agus Pobail
Department of Rural and
Community Development

A Guide for Inclusive Community Engagement in Local Planning and Decision Making

An updated edition of a resource guide aimed at ensuring that marginalised and disadvantaged communities have opportunities to participate in local planning and decision-making has been launched.

Read more [HERE](#)

Department of Children, Equality, Disability, Integration and Youth

<https://www.gov.ie/en/organisation/department-of-children-equality-disability-integration-and-youth/>



An Roinn Leanaí, Comhionannais,
Míchumais, Lánpháirtíochta agus Óige
Department of Children, Equality,
Disability, Integration and Youth

Department of the Environment, Climate and Communications

<https://www.gov.ie/en/organisation/department-of-the-environment-climate-and-communications/>



An Roinn Comhshaoil,
Aeráide agus Cumarsáide
Department of the Environment,
Climate and Communications

Participation, Play and Recreation Seminar



We are pleased to invite you to attend a one day seminar on the topic of “*Participation, Play and Recreation*” at the **Aviva Stadium on Wednesday the 30th October at 10am.**

The event has been designed with Local Authority personnel as the key target audience, bringing together people working in a variety of roles such as planners, Comhairle na nÓg coordinators, engineers, heritage offices, arts officers and many more. We aim to bring a focus on the participation of children and young people in decision-making in the sphere of play and recreation, and have planned an engaging agenda for attendees.

The day will feature elements such as: ♦ A key note speech from Marguerite Hunter-Blair as CEO of Play Scotland, ♦ sharing findings from current research commissioned by the department relating to the public provision of play and recreation, ♦ inspirational

examples of best practice taking place across the country, and ♦ an introduction to the Participation of Children and Young People in Decision-making by Hub na nÓg.

Registration is now available from this link: <https://www.ticketsource.eu/participation-play-and-recreation-unit>

Trading for Impact 2024-2027' - Ireland's National Social Enterprise Policy

This new policy has been designed to cultivate and sustain a strong and impactful social enterprise sector in Ireland that enriches the social, environmental, and economic wellbeing of our communities.

The policy details five key objectives are: Building Awareness of Social Enterprise, Growing and Sustaining Social Enterprise, Supporting the Green Transition, National and International Engagement, Impact Measurement.

Read more [HERE](#)

Funding related to this policy is below

DAF Growing Social Enterprise Capital Fund

Click [HERE](#) for information on the DAF Growing Social Enterprise Capital Fund

Department of Housing, Local Government and Heritage

<https://www.gov.ie/en/organisation/department-of-housing-local-government-and-heritage/>



An Roinn Tithíochta,
Pleanála agus Rialtais Áitiúil
Department of Housing,
Planning and Local Government

Department of Tourism, Culture, Arts, Gaeltacht, Sport and Media

<https://www.gov.ie/en/organisation/department-of-tourism-culture-arts-gaeltacht-sport-and-media/>



An Roinn Turasóireachta, Cultúir,
Ealaíon, Gaeltachta, Spóirt agus Meán
Department of Tourism, Culture,
Arts, Gaeltacht, Sport and Media

Form other Departments news click <https://www.gov.ie/en/>

Consultations

LOCAL CONSULTATIONS

UCD Septic Tank System User Survey

ABOUT REMARC SURVEY

REMARC is an EPA-funded research project involving researchers from UCD, UCC and TU Dublin. The REMARC survey aims to investigate current household practices, awareness levels, opinions and needs regarding septic tank and packaged treatment system maintenance.

PROJECT CONTACTS

Dr. Linda Fox-Rogers (project head)
UCD School of Architecture, Planning
& Environmental Policy
Email: linda.fox-rogers1@ucd.ie
Phone: 01 716 2710

Dr. Simon Mooney
(postdoctoral researcher)
UCD School of Architecture, Planning
& Environmental Policy
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Phone: 085 702 6670



remarc

Remediation of Faulty Septic Tanks: A Mixed Methods Approach to Environmental Risk Communication (REMARC)

PARTICIPATE IN OUR ONLINE SURVEY

Do you live in a house with a private domestic wastewater treatment system (e.g. septic tank)?

You are invited to participate in an anonymous national survey about system management. Your knowledge/views towards household system maintenance will help aid policy change and design of supports for system users nationwide! If you are interested and/or would like more information, please select the URL or scan the QR code below.

URL: <https://eu.surveymonkey.com/r/remarcsurvey>

QR code:



REMARC project website:
<https://www.remarcproject.com/>

Seeking domestic wastewater treatment system users in Galway: do you live in a house using a septic tank or packaged treatment system? If so, you are invited to participate in an anonymised online survey about system management. Your knowledge/views towards household system maintenance will help aid policy change and design of supports for system users nationwide! If you are interested and/or would like more information, please click [HERE](#)

The survey takes 10-15 minutes to complete and can be accessed via the following link:

<https://eu.surveymonkey.com/r/remarcsurvey>

Project: Proposed Derryfadda Wind Farm

Bord na Móna



Powering
Green Energy
Together

Dear members of Galway County PPN, Earlier this year, Bord na Móna and SSE Renewables, two leading low-carbon energy providers, announced their formation of a joint venture to develop a series of onshore wind energy projects. This partnership will deliver up to 800MW of new renewable energy generation for Ireland. As part of this joint venture, Bord na Móna and SSE Renewables are proposing to develop a wind farm on Derryfadda, Boughill and Gowla Bogs located in County Galway, along the border with County Roscommon. The proposed wind farm will be known as Derryfadda Wind Farm and will contribute towards goals set out in Ireland's Climate Action Plan 2024. The proposed development of Derryfadda Wind Farm will contribute to both Ireland's and the European Union's renewable energy targets. It will also contribute to increasing the security of Ireland's energy supply and will facilitate a higher level of energy generation and self-sufficiency.

As the project is at a very early stage, the proposed number, location and height of turbines have not yet been determined. It is very important to us that local communities have the opportunity to provide feedback to help inform the design, construction and operation of the proposed wind farm.

The joint venture partnership is fully committed to informing and engaging with you through an active communication programme. As part of this, we have appointed a Community Engagement and Stakeholder Team including a designated **Community Liaison Officer, Shane (087-0665640)**, to engage with local communities and near neighbours. [PLEASE READ MORE HERE](#)

In addition, we intend to hold a series of Community Engagement Sessions for members of the public at the following locations:

Date	Time	Location
5th November 2024	5-8.30pm	Ballyforan Community Centre, Ballyforan, Co. Roscommon, H53 H7D1
6th November 2024	5-8.30pm	Mattie McDonagh Centre, Market Square, Ballygar, Co. Galway, F42 V211
7th November 2024	5-8.30pm	Ahascragh Community Centre, Ahascragh, Ballinasloe, Co. Galway, H53 FK35

Development at Long Point, Lake Road (R351) in the townland of Knockanima, Loughrea, Co. Galway.

The closing date for submissions for observations to An Bord Pleanála is:

Friday 8th of November 2024 at 5.30pm.

Galway County Council proposes to seek approval from An Bord Pleanála to carry out the following development at Long Point, Lake Road (R351) in the townland of Knockanima, Loughrea, Co. Galway.

An electronic copy of the Natura Impact Statement and the plans and particulars of the proposed development are available for free download on the consultation portal at <https://consult.galway.ie/> from Friday 27th of September 2024 to Friday 8th of November 2024.

The deadline for receipt of submissions or observations to An Bord Pleanála is Friday 8th of November 2024 at 5.30pm.

More info [HERE](#)

Consultations from Galway County Council [HERE](#)

NATIONAL CONSULTATIONS

Public consultation on Health and Social Care services and supports for older people.

Deadline is on Thursday 24 October 2024 at 5.00 pm.

Public Consultation on Health and Social Care Services and Supports for Older People open until 24 Oct

The independent Commission on Care for Older People, supported by the Department of Health, invites you to have your say on the health and social care services and supports provided for older people.

What do you think about Services & Supports for Older People in Ireland? Do you have an idea to improve Health & Social Care Services & Supports for Older People in Ireland? We'd like to hear your views.

Your views will inform the Commission's recommendations for the development of these vital services.

Find out more and share your views at:
gov.ie/ConsultationOlderPeople

Submit your views by 5pm on Thursday 24 October 2024.



Comhairliúchán Poiblí ar Sheirbhísí Sláinte agus Cúraim Shóisialta agus Tacaíochtaí do Dhaoine Scothaosta oscailte go dtí 24 Deireadh Fómhair

Tugann an Coimisiún um Chúram do Dhaoine Scothaosta neamhspleách, le tacaíocht ón Roinn Sláinte, cuireadh duit do thuairimí a roinnt maidir leis na seirbhísí agus tacaíochtaí sláinte agus cúraim shóisialta a chuirtear ar fáil do dhaoine scothaosta.

Cad a cheapann tú faoi Sheirbhísí Sláinte & Cúraim Shóisialta & Tacaíochtaí do Dhaoine Scothaosta in Éirinn? An bhfuil tuairim agat faoi conas is féidir feabhas a chur ar Sheirbhísí Sláinte & Cúraim Shóisialta & Tacaíochtaí do Dhaoine Scothaosta in Éirinn? Ba mhaith linn cloisteáil uait.

Cuirfidh do thuairimí bonn eolais faoi mholtaí an Choimisiúin maidir leis na seirbhísí rithabhachtacha seo a fhorbairt.

Faigh tuilleadh eolais agus roinn do thuairimí ag:
gov.ie/ComhairliuchanDaoineScothaosta

Seol isteach do thuairimí faoi 5pm Déardaoin an 24 Deireadh Fómhair 2024.



On behalf of the Commission on Care for Older People, the Department of Health has launched a public consultation on health and social care services and supports for older people.

The public consultation survey is now available online, along with information about how to respond, at gov.ie/ConsultationOlderPeople. The survey is open to all and will provide the Commission with insight into people's views of the strengths of current service provision as well as of areas for enhancement.

Please see attached ePoster (in English and Irish) for your information and to print, display, and disseminate to individuals and/or relevant stakeholder- organisations as appropriate.

The public consultation will remain open until **5.00pm on Thursday 24 October 2024**.

Just Transition Research Survey

Just Transition Research Group

UCD Earth Institute

The UCD Just Transition Research Group (JTRG) is exploring how to ensure a fair shift to a low-carbon society. If you're involved in any project at the intersection between climate action and social justice, whether in professionally or voluntarily, we would greatly appreciate your insight!

Please take 15-20 minutes to complete our survey: https://ucdbusiness.eu.qualtrics.com/jfe/form/SV_0iireGTQ6OQKpJc. Your input will help us understand how best to implement a Just Transition across Ireland. All responses are anonymised. More info [HERE](#)

Consultations from Government [HERE](#)

Funding

Galway Rural Development (GRD)



Closing date to submit Expressions of Interest is Monday 21st of October 2024

We in GRD are inviting expressions of interest for funding for community groups for 'Strategic Action 7.1 Renewing and Development of Smart Communities'.

Completed Expressions of Interest should be submitted to GRD by post or by hand to us at Mellow Campus in Athenry (Opening hours: Monday to Friday, 9am–5pm) or by email to leader@grd.ie no later than Monday October 21st 2024. Applicants will be contacted regarding EOIs the week of 21 October 2024.

**Inland Fisheries Ireland - Go Fishing Fund
(Part of Government's Dormant Accounts Fund Action Plan 2024)**



Deadline for submission: Thursday 7th November 2024.

Inland Fisheries Ireland (IFI) launches new national €250k scheme for accessible angling.

The funding from IFI aims to help people try angling, regardless of their background or ability.

IFI is welcoming applications from charities and non-profit groups that provide services to people with a disability or restricted mobility, or people facing social, economic, or educational barriers.

Grants of between €2,000 and €5,000 are on offer towards fishing facilities, equipment, events, and biodiversity awareness outreach.

Applications for the scheme can be submitted via IFI's [dedicated portal](#) from until November 7th, 2024.

LAWPRO Community Water Development Fund 2025



Deadline for submission: Wednesday 20th November 2024.

The CWDF 2025 will be more focused towards capital works, such as:

- ◆ Riparian management/tree planting, planting of native species/hedgerows, de-tunnelling, etc.
- ◆ Creation of habitat near river, lake, wetland
- ◆ Fish passage projects
- ◆ Removal of invasive species and biosecurity planning
- ◆ Silt trapping or 'Slow the Flow' Natural Flood Retention Measures (e.g. the addition of large woody debris to drains)
- ◆ Pollution management/prevention measures (e.g., wetlands, buffer zones)
- ◆ Flood management measures (e.g., Swales, attenuation ponds)
- ◆ Wetlands to promote wildlife and reduce pollution and flooding.

Only one application per not-for-profit group

Minimum grant award of €5,000, up to a maximum grant award €50,000

2024 grantees: grants must be drawn down before 6th Dec 2024 to be eligible to apply for CWDF 2025.

More info [HERE](#)

**Culture Moves Europe:
Third call for individual mobility of artists and cultural professionals**



Deadline for submission: Saturday 30th November 2024 at 11:55pm Brussels time

Culture Moves Europe provides mobility grants for artists and cultural professionals in all 40 creative Europe countries. It covers the sectors of architecture, cultural heritage, design and fashion design, literature, music, performing arts and visual arts.

This call aims to provide financial support to artists and cultural professionals who, in collaboration with an international partner, wish to carry out a mobility project between Creative Europe countries.

Call detail:

Are you an artist or do you work in the field of culture and would like funding support to carry out a project in another country? [Culture Moves Europe offers mobility grants](#) to individual artists and cultural professionals willing to implement a project abroad.

Culture Moves Europe's third call for individual mobility targets artists and cultural professionals working in the following sectors: music, literature, architecture, cultural heritage, design and fashion design, visual arts and performing arts.

The Individual Mobility Action supports artists and cultural professionals to carry out a project with a partner of their choice in another [Creative Europe country](#). The call is open to individuals and groups of up to 5 people, who wish to implement projects lasting between 7 to 60 days for individuals and 7 to 21 days for the groups. The grant contributes to travel and subsistence costs, and offers additional top-ups based on grantees' individual situation.

More info [HERE](#)

Application link: <https://www.creativeeuropeireland.eu/funding-opportunities/call/culture-moves-europe-individual-mobility-of-artists-cultural-professionals>

Interreg North-West Europe - Call 5



Deadline: January 16, 2025 12:00 PM Brussels time

The [Interreg North-West Europe \(NWE\) Programme](#) fosters transnational cooperation to make Northwestern Europe a key economic player and an attractive place to work and live, with high levels of innovation, sustainability and cohesion.

Aims & Objectives: The Interreg NWE Programme is part of the [European Territorial Cooperation Objective](#) supported by the European Regional Development Fund.

The Programme encourages public, scientific, private and civil society organisations to cooperate with a view to promote a green, smart and just transition for all NWE territories. The aim is to support a balanced development and make all regions more resilient. The Programme co-finances these organisations to work together in transnational projects on specific themes. Seven countries belong to the Interreg North-West Europe Programme area: Belgium, France, Germany, [Ireland](#), Luxembourg, The Netherlands and Switzerland.

What does it support? The Interreg North-West Europe Programme for 2021-2027 focusses on five main funding priorities or themes: ♦ Climate and environment ♦ Energy transition ♦ Circular Economy ♦ Innovation and resilience ♦ Inclusive society

A wide range of public and private (non-profit and profit making) organisations are welcomed to take part in NWE project partnerships including national, regional and local authorities, universities, Research & Development centres, SMEs and business support organisations (BSOs), sectoral associations, NGOs, lobby organisations and citizens groups.

Projects should bring together at least three partners from three different countries (usually more) of which two need to be from within the NWE Programme area.

More info [HERE](#)

Application link: <https://www.nweurope.eu/call-5>

VISION SPORTS IRELAND ASSOCIATE CLUB FUNDING

Our Associate Club Programme is designed to support clubs and organisations that promote and facilitate sports for individuals with vision impairments. More info can be found [HERE](#)

COMING SOON! Outdoor Recreation Infrastructure Scheme Applications



An Roinn Forbartha
Tuaithe agus Pobail
Department of Rural and
Community Development



Comhairle Chontae na Gaillimhe
Galway County Council



Advisory Notice - ORIS Project]

Advisory notice for all Groups considering submitting applications under the Outdoor Recreation Infrastructure Scheme. Measures - M1, M2, M3. More info can be found [HERE](#)

**Please Note: This scheme has not been launched as yet for this year.
It will be circulated through this Network when it is launched by the Department.**

Housing Adaptation Grant

The Housing Adaptation Grant for People with a Disability is a grant for people with a physical, sensory, mental health or intellectual disability.
It provides funding so you can improve how you enter and move around your home.

Read More [HERE](#)

Housing Aid for Older People

Housing Aid for Older People - Read more [HERE](#)

Housing Adaptation Grant - Read more [HERE](#)

More Funding from Galway County Council



Comhairle Chontae na Gaillimhe
Galway County Council

<https://galwaycoco.submit.com/>

More Funding from the Government of Ireland



Rialtas na hÉireann
Government of Ireland

https://www.gov.ie/en/search/?q=Funding&all_scope=#search_result_label_id

More Funding from the European Union



<https://www.accesseurope.ie/>

Training

Putting the Pieces Together Online Training



Putting the Pieces Together

Online Training

October 1/8/15/22

Places available

Book here: <https://wrdatf.ie/training-details.php?ID=373>

Upcoming Dates: Tuesday 15th & Tuesday 22nd of October 2024

Putting the Pieces Together is a training manual that was developed by the WRDATF to harness an integrated approach to working with young people, parents and communities on the subject of drugs and alcohol. This online programme will train people in the use and content of the manual. It aims to act as a guide and a resource for persons working with young people of mixed abilities in an out-of-school setting.

Place available. Click [here](#) to book.

Not Stopping Now: Nature's Resilience Webinar Series



NOT STOPPING NOW!



Webinar Series How Nature Rocks and Teaches Us Resilience



Presented by:



We are thrilled to announce a new webinar designed to help you reconnect with nature! Hosted by the Climate Ambassador Programme in collaboration with The Heritage Council and The Biodiversity Officer Network, the session will be focusing on a different aspect of our amazing biodiversity.

Webinar Schedule: **Wednesday 16th of October 2024**: Skies with Dark Sky Ireland.

Don't miss out — reserve your spot today!

Register [HERE](#) - Oct 16th

Screening & Brief Intervention for Problem Alcohol and Substance Use Training



Screening and Brief Intervention for Problem Alcohol and Substance Use Online Training

Dates: October 17th + 24th

Time: 10am to 1pm

Preparation: ELearning Module to be completed in advance

For more information and booking details click [here](#)



Independent Living Movement Ireland (ILMI)

Online workshops



The workshops focus on crucial themes, including consent, independent living, and healthcare access. You can find the full details here, all the dates topics and times : <https://ilmi.ie/developing-an-ilmi-position-paper-on-realising-article-25-of-the-uncrpd/>

Thursday 17th October: Access to health care information and digital health

Tuesday 22nd October: Disability and cost of health care

Thursday 24th October: Health systems and structures: how can disabled people influence the health system?

ILMI eBulletin:

<https://us16.campaign-archive.com/home/?u=664005a5b1de7a15ad88b0409&id=c8ab0802bf>

Free Art Workshops in Galway for Children with Lifelong Physical Health Conditions



Helium Arts is a charity supporting children in Ireland with conditions such as diabetes, epilepsy, heart conditions, spina bifida, juvenile arthritis, rare conditions and more. We offer free creative workshops—both in-person and online—where children can build confidence, make friends, and learn new skills.

Our Autumn/Winter programme is now open for registration in Galway and online. All workshops are facilitated by professional artists, supported by friendly volunteers and on-site medical staff.

[Sign up today!](#)

Workshop details below:

Ages 13-16

[Saturday Meet-Ups: 19 Oct, 7 Dec](#) (Westside Library and Galway City Museum)

[Autumn Camp: 30 Oct - 1 Nov](#) (Galway City Museum)

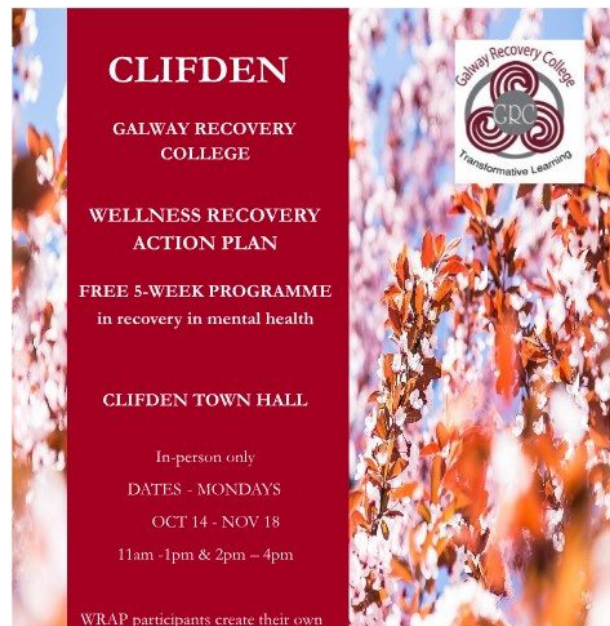
[Online Autumn Camp: 29 Oct - 2 Nov](#) (Nationwide)

Ages 8-12

[Winter Saturdays: 9 Nov - 14 Dec](#) (Westside Library)

[Online Winter Saturdays: 9 Nov - 14 Dec](#) (6-week online & offline creative workshops from home)

Wellness Recovery Action Plan (WRAP) Programme



Monday 21th of October 2024 - Clifden Town Hall - Various dates on Mondays

[Galway Recovery College](#) will host the free Wellness Recovery Action Plan (WRAP) programme in Clifden, Co Galway.

Get the full details on this wonderful free opportunity via the link below and in our stories: <https://www.westbewell.ie/2024/10/02/free-wellness-recovery-action-plan-programme-in-clifden/>

Driving Digital Inclusion in Your Community: Morning Workshop



Wednesday 23rd of October 2024 - 10:00am to 12:00pm - Online - Free to attend

With a range of speakers from across the community & voluntary sector, this workshop will explore how and why we as a sector should ensure an inclusive Digital Transformation in our organisations and communities. The event will include:

A roadmap to digitalising your organisation.

Practical tips and best practice examples for ensuring accessibility and inclusivity in digital initiatives. Overview of funding opportunities for digital projects.

Supports available.

How to register: You can book places for yourself and/or colleagues by clicking [HERE](#)

Please email matthew@wheel.ie if you have any special requirements.

Trauma and Crisis Prevention and Intervention

TRAUMA AND CRISIS PREVENTION & INTERVENTION

1-DAY TRAINING FOR PROFESSIONALS WORKING WITH UKRAINIAN REFUGEES

Training provided by:
Jenny Mincin, PhD, MPhil, MPA

The training will cover crisis intervention fundamentals, an overview of trauma and de-escalation techniques.

Participants will learn evidence-based strategies and interventions, and will explore roles and responsibilities, boundaries and get an overview of burn-out and staff care.

Examples, case studies and exercises will be used to help participants practice and integrate techniques.

MORE INFORMATION: MMOONEN@REDCROSS.IE



Crois Dhearg na hÉireann
Irish Red Cross



Funded by
the European Union



Image: www.freepik.com

DATES & LOCATIONS

- Sligo, 23 October 2024, Clayton Hotel
- Limerick, 14 November 2024, Absolute Hotel
- Tralee, 15 November 2024, location tbc
- Cork, 5 December 2024, location tbc
- Galway, 17 January 2025, Harbour Hotel

Registration:



Starting Wednesday 23rd of October 2024 - Various Locations

Register [HERE](#)

More information: MMOONEN@REDCROSS.IE

Hybrid Working - Consequences & Evolution

The Wheel Members - Training

Friday, 25 October 2024 from 10am to 11am - Online

Hybrid working has brought about significant changes to the way that we all work. We invite you to register now for our [Navigating Change - Anticipating Consequences in the Evolution of Hybrid Working](#) in 2024 webinar, where we'll be examining these changes and considering the consequences for Irish nonprofits.

Free and exclusive to our members, *registration is required*.

Click [HERE](#) to register

Please email matthew@wheel.ie if you have any special requirements.

Mental Health Month



**Mental Health
Month**

Throughout October 2024

World Mental Health Day provides the opportunity to raise awareness about global mental health issues and creates the opportunity for people to call for action and advocate for change in mental health.

Throughout the whole of October, we are making mental health and wellbeing a national priority with a programme of events, activities and **workshops** that celebrate and raise awareness of the importance of Connection.

More info [HERE](#)

GRETB classes in Athenry, Oranmore, Claregalway

Ready to improve your confidence?
Our reading, writing and digital skills courses are **FREE**.

Athenry/Oranmore/Claregalway
Call or Text Bridget
086 065 5141

adultliteracyforlife.ie

GALWAY SPORT PARTNERSHIP'S ONLINE SAFEGUARDING (CHILD PROTECTION)

LEVEL 1: online child protection in sport, basic awareness course (3 hours).

Suitable for everyone involved in children's sport.

LEVEL 2: online course for Club Children's Officers. (3 hours).

Participants must have completed Safeguarding 1 before attending.

LEVEL 3: online course for Designated Liaison Person's .

Participants must have completed Safeguarding 1 before attending.

Different dates available. Cost is €20.00 per workshop.

More info [HERE](#)

The Wheel Members - Training

Community Groups can sign up with *The Wheel* to access their free training/services.

Information on Trainings available at <https://www.wheel.ie/training>

FREE Digital Literacy Courses with NCBI

Dereck Carolan, technology Trainer for NCBI, can help and support communities, specifically people with low sight or no sight and their families.

Website: <https://www.ncbi.ie/supporting-you/technology/ncbi-labs/>

Services Offered

- Group training courses, projects, and talks that will enable the low-vision and no-vision community to access their local area.
- Technology assessments and demonstrations.

- Technology clubs and webinars.

To discuss further how we can work together moving forward. Please feel free to contact: dereck.carolan@ncbi.ie or 086 608 6771.

Information on Springboard Courses

www.springboardcourses.ie providing **11,000 free or heavily subsidised college courses for unemployed, self-employed or returners to work.**

Courses are free for the unemployed, previously self-employed and returners to the workforce.

For others, 90 per cent of the course fee is funded by the Government, with participants required to contribute just 10 per cent of the fee. **Helpline – 1800 303 523**

NATIONAL PPN TRAINING

PPN Training resources

The Department of Rural and Community Development (responsible for the PPN) provides training resources for PPNs.

Check out slides on Strategic Planning [HERE](#)

PPN Stakeholders Training

The online only self-paced training videos programme for PPN stakeholders has been developed with SJI. Registrations for the online only training is now open. Social Justice Ireland is providing this training on behalf of the Department of Rural and Community Development.

Social Justice Ireland will provide some support via the webform on each Module page. There are no scheduled classes as part of this training.

This training is available to the following PPN Stakeholders:

- PPN Workers
- PPN Secretariat Members
- PPN Representatives
- PPN Member Groups
- Local Authority Staff
- Elected Councillors

To register, please complete the Registration Form at the following link:

[Register for Training | Social Justice Ireland](#)

LET'S TALK ABOUT SUICIDE

Free training opportunity!!

'**Let's Talk About Suicide**', is a new, free, online suicide prevention training programme developed by the **HSE National Office** for Suicide Prevention (NOSP).

Please see link to the training for full details:

['Let's Talk About Suicide' – a new online training programme - HSE.ie](#)

An Cúinne Gaeilge



An Roinn Turasóireachta, Cultúir,
Ealaíon, Gaeltachta, Spóirt agus Meán
Department of Tourism, Culture,
Arts, Gaeltacht, Sport and Media

Welsh Choir Côr Meibion Ardudwy



**CEOLCHOIRM
CHUIMHNEACHÁIN
AR MHAITHE LE hOSPÍS
NA GAILLIMHE**

Côr Meibion Arduwly

**Séipéal San Aibhistín
7.30pm Déardaoin an
17 Deireadh Fómhair**

**Séipéal Bhearna
7.30pm Dé Céadaoin an
16 Deireadh Fómhair**

**Clár tritheangach de fhósaí traidisiúnta
agus comhaimseartha ceoil**

Ticéid le fáil ó Ospís na Gaillimhe
091 770868 | galwayhospice.ie/shop
nó ag an doras.



Dé Céadaoin 16ú agus Déardaoin 17ú Deireadh Fómhair 2024
Wednesday 16th and Thursday 17th of October 2024

BAILIÚCHÁIN SOGHLUAISTE WEEE (ÁBHAR LEICTREACH AGUS LEICTREONACH) 2024

BAILIÚCHÁIN SOGHLUAISTE WEEE (ÁBHAR LEICTREACH AGUS LEICTREONACH) 2024

Tá WEEE Ireland, an scéim géilliúlacht Éireannach d'athchúrsáil ábhar leictreach, leictreonach, cadhnaí agus cadhnaí, ag eagrú sraith bailiúcháin i gContae na Gaillimhe ag tosú ar an 8ú Deireadh Fómhair 2024. Is deis é seo do dhaoine ar fud an Chontae fáil réidh le h-ábhar leictreach nó leictreonach ar bhealach sábháilte nach gcuireann isteach ar an timpeallacht. Tá bailiúcháin saor in aisce d'fhearais leictreachais tí eagraithe do na ceantair seo a leanas:

CLÁR AMA

Dáta	Am	Áite	Seirbhíseoir	Seoladh
Dé Máirt 8 Deireadh Fómhair 2024	10am-1pm	Carna	Suíomh na mbancanna athchúrsála le taobh an tséipéal	Carna, Co. na Gaillimhe H91DC53
Dé Máirt 8 Deireadh Fómhair 2024	4pm - 7pm	Leitir Móir	Carrchlós trasna ón Séipéal	Leitir Móir, Co. na Gaillimhe H91F5W4
Déardaoin 10 Deireadh Fómhair 2024	10am-1pm	Indreabhán	CLG Mícheál Breathnach	Indreabhán, Co. na Gaillimhe H91X750
Déardaoin 10 Deireadh Fómhair 2024	4pm - 7pm	An Spidéal	Páirc CLG An Spidéal	An Spidéal, Co. na Gaillimhe H91NR71
Dé Sathairn 12 Deireadh Fómhair 2024	10am -4pm	Port Omna	Marglann Chomharchumann Pinnuir Liathróid Láimhe ag Páirc CLG	Sráid Dominic, Port Omna, Co. na Gaillimhe H53X867
Dé Máirt 15 Deireadh Fómhair 2024	10am-1pm	Maigh Cuilinn	Páirc CLG	Maigh Cuilinn, Co. na Gaillimhe H91WTW5
Dé Máirt 15 Deireadh Fómhair 2024	4pm - 7pm	Áth Cinn	Páirc CLG Áth Cinn	Áth Cinn, Co. na Gaillimhe H91YFP8
Déardaoin 17 Deireadh Fómhair 2024	10am-1pm	Baile Chláir	Ionaíd Pobail	Baile Chláir, Co. na Gaillimhe H91THH4
Déardaoin 17 Deireadh Fómhair 2024	4pm - 7pm	Gleann na Madadh	Carrchlós SuperValu	Gleann na Madadh, Co. na Gaillimhe F45CT80
Dé Máirt 22 Deireadh Fómhair 2024	10am-1pm	Baile Liam	Páirc CLG	Baile Liam, Co. na Gaillimhe F45DT73
Dé Máirt 22 Deireadh Fómhair 2024	4pm - 7pm	Muine Mheá	Muine Mheá- Mainistir CLG	Muine Mheá, Co. na Gaillimhe H65YX78
Déardaoin 24 Deireadh Fómhair 2024	10am-1pm	Cinn Mhara	Carrchlós Séipéal N. Colmain	Cinn Mhara, Co. na Gaillimhe H91CX97
Déardaoin 24 Deireadh Fómhair 2024	4pm - 7pm	An Ghráig	CLG Tommy Larkin's Carrchlós ag Tí "Paddy Burkes"	An Ghráig, Co. na Gaillimhe H62XW18
Dé Máirt 29 Deireadh Fómhair 2024	10am-1pm	Droichead an Chláirín	Droichead an Chláirín	Droichead an Chláirín, Co. na Gaillimhe H91FX31
Dé Máirt 29 Deireadh Fómhair 2024	4pm - 7pm	Baile Átha an Rí	Marglann Comharchumann	Baile Átha an Rí, Co. na Gaillimhe H65DW74

Tuilleadh eolais WEEE Ireland <https://www.weeeireland.ie/contact/> or 012999320

I rith mhí Dheireadh Fómhair 2024

Tuilleadh eolais WEEE Ireland <https://www.weeeireland.ie/contact/> or 012999320

Chomh maith leis sin tá seirbhís bailithe WEEE ar fáil ar bhonn leanúnach ag Láithreáin Áiseanna Cathartha i dTuaim, sa Chlochán agus i mBéal Átha na Sluaighe

<https://www.galway.ie/en/services/environment/wasteandlitter/civicamenitiesites/>



Tá Údarás na Gaeltachta tar éis a bheith roghnaithe mar cheann de naoi bpáirtí déag i dtionscadal uailmhianach chun éiceachórais athúsáide, deisiúcháin agus athnuachana (RRR) a phíolótú i sé réigiún ar fud Iarthuaisceart na hEorpa (NWE). Is freagairt é seo ar an méadú tapa ar dhramhaíl ó threalamh leictreach agus leictreonach (WEEE) sa réigiún, go príomha mar gheall ar shaolré níos giorra na ngléasanna leictreonacha.

Is iad príomhchuspóirí Thionscadal E6:

Acmhainn Eorpach a thógáil le haghaidh athúsáid, deisiúcháin agus athnuachan trealamh leictreach agus leictreonach, bunaithe ar shé 'éiceachóras píolótach'.

Tacú leis na héiceachórais seo trí 'Mhol Seirbhíse', chomh maith le méadú scála trí eispéiris foghlama le Pobail Chleachtais agus abhcóideacht beartais.

Tuilleadh eolais [ANSEO](#)

Supports & Resources

THRIVE CONNEMARA

E: thriveconnemara@mentalhealthireland.ie

www.mentalhealthireland.ie/thrive

 Thrive Connemara



Scan for **Meals4Health** Menu

Meals4Health supports older people to **Eat well, Live well and Age well** at home, maintaining personal wellbeing, preventing illness, reducing hospital stay or facilitate early discharge. Ultimately, assisting older people, or those living with chronic illnesses or disabilities, to continue living in the comfort of their own homes within their local community.

What we do

Meals4Health prepare fresh, affordable, tasty, traditional meals and delivers them directly to your home.

Meals4Health meals are ideal for older people and those requiring optimal nutritional support, including individuals recovering from illness or surgery, people with disabilities, and caregivers who find shopping and cooking challenging and enjoy the benefits and convenience of having fresh affordable food delivered to the door!

All our meals are developed by professional chefs and nutritionists to meet our customers dietary needs.

Getting started on **Meals4Health**

Option 1

1. Go to www.meals4health.ie and click on "login"
2. Click on the link to register.
3. Enter relevant details – everything with an *Asterix must be completed.
4. Click on "register" after ticking the box agreeing to terms and conditions.

A member of our customer care team will accept your request to register for www.meals4health.ie and allocate your delivery agent.

You will receive a confirmation email with a link to create a password.

5. Click on [this link](#) to create a password.
6. Create a password.
7. Your registration is now complete. Log into www.meals4health.ie using your new password to place your order.

Option 2

1. Call 091 354 000 or email info@meals4health.ie
2. Our customer care representative will guide you through the **Meals4Health** service and assist you with your registration.
3. You can now select your options, place your order and make a payment.
4. If required, you can request a weekly call from our customer care team to place your order.

Meals4Health Product Range:

All our meals are delivered ready to eat. Your first delivery includes detailed storage and heating instructions.

Please note: We operate a primary menu from which the 3 menu ranges are derived:

Wellness Meal Range: For anyone who wants to optimise daily their nutritional intake and enjoy a wide variety of food at affordable prices. Supporting you to Eat well, Live well and Age well.

Healthcare Meal Range: Recipes from the "Wellness range" are reformulated to meet your medically related dietary requirements e.g. Diabetic, Gluten free, Renal diet, Texture modified.

Texture modified meals are prepared under the guidance of the International Dysphagia Diet Standardisation Initiative (IDDSI) framework.

Please include your dietary requirements in the special instructions box when ordering.

Fortified Meal range: Meals are designed to increase caloric value, provide essential nutrients to support overall health, and recovery, especially beneficial for people at risk of malnutrition.

Please include your dietary requirements in special instructions box when ordering.

You can find nutritional and other information by clicking on the green **i** button next to each menu item on the website.

Menus are updated every Thursday.

Meal Cost:

Main course from €7.00, soups from €2.50, desserts from €3.00 and baked products from €2.50
There is a minimum order value of €24

Delivery Days:

Delivery, Galway city and county: Monday and Thursday 11am - 2pm.
Nationwide delivery: Thursday of each week by DPD courier.

When to order:

Galway City and County:

Monday delivery: Place orders by 4pm Friday.

Thursday delivery: Place orders by 2pm Tuesday.

Nationwide delivery: Place orders by 4pm Monday.

Delivery Costs:

Galway City: Free delivery.

Galway County: Determined by mileage: ≤ 20 mile radius of Galway City: €5.00

20-30 mile radius of Galway City: €9.95

Nationwide Delivery: Determined by our courier partner. Please contact our customer care team for details on 091 354 000

Collection option is available.

Thank you for choosing Meals4Health

Meals4Health is a social enterprise of COPE Galway CLG

A social enterprise is a business whose core objective is to achieve a social, societal or environmental impact.

Explore

CHIME MENTORING PROGRAMME

Explore provides individualised structured support for young Deaf and Hard of Hearing adults, age 16-25 years, under the Chime Mentoring Programme as they transition onto further education, vocational training and employment. This will be facilitated through the support of the Explore Mentors.

What we provide:

- One-to-one mentor support - what are my life goals
- Individual Progression Plan (IPP) - a pathway for how I am going to achieve my goals
- Work experience or job sampling sessions
- Access to peer support panel
- Advice and information
- Personal development
- Life skills workshops
- Advocacy support

Our Mentors will link with:

- Post primary schools (mainstream/deaf schools)
- Colleges & third level institutions
- Vocational training facilities
- Community & voluntary sector
- Prospective employers
- Professional agencies

Steps on the journey:

Explore aims to bridge the gap by supporting Deaf and Hard of Hearing young adults on their journey into adulthood and linking them to existing services and supports.

Explore mentors will coordinate a series of workshops and activities based on what the Deaf and Hard of Hearing young adults need, what they are good at, what they like, and what they want to do.



Contact the Explore team by emailing explore@chime.ie



Cavernoma



What is it?

- A cavernoma is made up of abnormal blood vessels, found mostly in the brain and spinal cord.
- Cavernomas have thin leaky cell walls. This can sometimes cause blood within the cavernoma to ooze into the surrounding tissue or within itself, enlarging the cavernoma. This can cause many symptoms.
- The hereditary form of cavernoma is recognised as a rare disease.
- Cavernoma is also known as: Cavernous Angioma, Cavernous Haemangioma or Cerebral Cavernous Malformation(CCM).

Symptoms

- • Haemorrhage, stroke, seizures, headaches.
- • Neurological partial/full paralysis, tremors, weakness, numbness, fatigue, memory and concentration difficulties.
- • Speech and eyesight problems.
- The type, severity, combination and duration of symptoms vary, depending on the location of the cavernoma.

About Us



Cavernoma Ireland is a voluntary support group. Founded in 2018.

Our mission is to help people living in Ireland who are affected by cavernoma, including friends, family, carers and professionals.

Our goal is to raise awareness of cavernoma, and its consequences for those affected.



MYWASTE



Help, encouragement and support for sporting clubs and organisations to implement simple and effective waste actions that will positively impact environmental sustainability.

For more information and to download the free MyWaste Sports Club Toolkit click [HERE](#)

VOLUNTEER ENGLISH TUTORS NEEDED

**VOLUNTEER TO SUPPORT MIGRANTS AND REFUGEES
THROUGH CONVERSATIONAL ENGLISH CLASSES**

MEET NEW PEOPLE IN YOUR COMMUNITY

**TEACHING OR TEFL/ESOL EXPERIENCE
HELPFUL BUT NOT ESSENTIAL**

INFORMAL SESSIONS FOCUSED ON CONVERSATION

TRAINING AND RESOURCES PROVIDED

CONTACT:

Jamie at jburke@thirdageireland.ie

Anam Cara:

We are there to help and support bereaved parents navigate the festive season.

Our **Galway Face to Face** meeting will be taking place

Our **online** meeting for Anam Cara Galway and Mayo will take place

If you know any bereaved parents who would like to join either of these meetings please get them to contact us on

085 288 8888 or info@anamcara.ie

As always Anam Cara offer their services free of charge for as long as needed.

GALWAY COUNTY AGE FRIENDLY PROGRAMME 2024



Age Friendly Ireland is the organisation responsible for the national Age Friendly Programme, affiliated to the World Health Organization's Global Network of Age Friendly Cities and Communities.

Age Friendly Galway County is delivered by Galway County Council and works to improve the services and facilities that our older people have identified as being important to them, and the wider community, as they live healthy and active lives.

Info on the Galway County Council website [HERE](#)

More info on Age Friendly Galway County [HERE](#)



Care and Repair can remove trip hazards, install handrails, replace toilet seats or move a bed downstairs to make sure the home is ready for their return.

If you require work done in your home to make it safer after a stay in hospital we can help.

If you are a professional working with older people who would benefit from this service you can download a referral form from www.ageaction.ie.

For all other queries about Care and Repair please contact us using these numbers:

Age Action national line: 0818 911 109
Age Action in Dublin: 01 4756989
Age Action in Cork: 021 2067399
Age Action in Galway: 091 527831
Email: careandrepair@ageaction.ie



Read more about Positive Ageing and supports for older people - Click the links below:

<https://www.copegalway.ie/senior-support-service/positive-ageing-week/>

<https://www.galway.ie/en/services/communityenterpriseeconomicdevelopment/inclusion/agefriendly/>

Ombudsman Monthly Complaints Clinic in Galway

The Ombudsman can investigate complaints from people who are not happy with how they have been treated by certain public service providers.

<https://www.ombudsman.ie/publications/information-leaflets/what-the-ombudsman-does/>

You can make complaint to the Ombudsman:

Online: Visit www.ombudsman.ie and click on 'Make A Complaint'

In writing: Ombudsman, 6 Earlsfort Terrace, Dublin 2, D02 W773.

Ombudsman staff will be also taking complaints in person at **Galway 'Complaints Clinic': Galway Citizens Information Centre.**

Augustine House, St. Augustine Street, Galway, H91 Y7XH. Phone: 0818 07 7600.

From: 10.00 am to 1.00 pm and 2.00 pm to 4.00 pm.

Tuesday 22nd October & Tuesday 26th November 2024.

You must have tried to resolve your complaint with the body before contacting us.

Please bring any information with you to support your complaint such as letters, forms, or reference numbers.

The Ombudsman **cannot** take complaints about consumer matters, financial products, private pensions or An Garda Síochána.

READ MORE AT: <https://www.ombudsman.ie/about-us/outreach-services/galway-cic/index.xml>

Volunteer Galway Events

Volunteer Galway events - Read more below:

<https://volunteergalway.ie/volunteer-galway-events/>

Other Organisation's Newsletters:



Nothing About Us Without Us

ILMI eBulletin:

<https://us16.campaign-archive.com/home/?u=664005a5b1de7a15ad88b0409&id=c8ab0802bf>



Healthy Galway City & County - Adele Rankin is the new Healthy Galway County Coordinator, in Galway County Council. This is a brand new Newsletter from County Galway, if you have news to submit related to health please contact Adele on

arankin@galwaycoco.ie

Read Newsletter [HERE](#)



Age Friendly Newsletter [HERE](#)



Irish Environmental Network [HERE](#)

Community and
Disability
Newsletter



Community and Disability Newsletter - Issue [HERE](#)



YOU'RE NOT ALONE

ALONE is a national organisation that enables older people to age at home.

To read the latest newsletter from **Alone**, just click the link below and click in the top corner of the Newsletter to change the page... to read click [HERE](#).

Link to Alone website here: <https://alone.ie/>



Directory of Services for Older People

Read Directory Online [HERE](#)

Or see council website for information or to request a printed copy for your Centre/Service/Group:

<https://www.galway.ie/en/services/communityenterpriseeconomicdevelopment/inclusion/agefriendly/>


Notice Board / Events

Yoga Somatics in Athenry

Yoga Somatics


This 6-week course will teach you simple techniques to maintain your health and improve your ability to move freely and comfortably

From Sunday 13th October
10am - 11am
€60 / €12 (drop-in)



Athenry Wellness Centre
Upstairs at Athenry Soccer Club
H65 NY66

Contact **Ruthe 085 160 8134**
info@ruthelburke.com



As we grow older our bodies and our lives should continue to improve right up until the very end
-Thomas Hanna
Founder of Clinical Somatic Education

Starting on Sunday 13th of October 2024 10am - 11am - 6-week course

Heritage Workshops with Kiltullagh Killimordaly Heritage Society

CENSUS OF IRELAND, 1901.
(See Examples of the mode of filling up this Table and given on the other side.)

FORM A.
No. 100 Form A. 1/11

RETURN of the MEMBERS of this FAMILY and their VISITORS, BOARDERS, SERVANTS, &c., who slept or abode in this House on the night of SUNDAY, the 1st of MARCH, 1901.

NAME AND SEX	RELIGION	RELIGIOUS PROFESSION	EDUCATION	AGE	SEX	RACE, PROFESSION OR OCCUPATION	MARRIAGE	WIDOW	WIDOW	WIDOW	WIDOW
William Bennett	Roman Catholic		None	25	M	Labourer	Married				
James Bennett	Roman Catholic		None	21	M	Labourer	Married				
John Bennett	Roman Catholic		None	19	M	Labourer	Married				
John Bennett	Roman Catholic		None	17	M	Labourer	Married				
John Bennett	Roman Catholic		None	15	M	Labourer	Married				
John Bennett	Roman Catholic		None	13	M	Labourer	Married				
John Bennett	Roman Catholic		None	11	M	Labourer	Married				
John Bennett	Roman Catholic		None	9	M	Labourer	Married				
John Bennett	Roman Catholic		None	7	M	Labourer	Married				
John Bennett	Roman Catholic		None	5	M	Labourer	Married				
John Bennett	Roman Catholic		None	3	M	Labourer	Married				
John Bennett	Roman Catholic		None	1	M	Labourer	Married				

WORKSHOP

NAVIGATING CENSUS RECORDS

CENSUS RECORDS FROM 1821, 1901 & 1911

€5 entry fee.
Free for members.

Book your place: kkheritage@outlook.ie

Kiltullagh Killimordaly
HERITAGE SOCIETY

Wednesday
16 October

7.30PM

The Galway Plaza,
H65 EK28.
Upstairs in meeting room.

Wednesday 16th of October 2024 - 7.30pm - Galway Plaza

Kiltullagh Killimordaly Heritage Society are running workshops on navigating local history , first one on searching census had spaces available on 16th in Galway Plaza, if you could share with other groups. see attached

Let's Talk About Menopause

Let's Talk About Menopause

Ask the experts about Menopause, peri-menopause & lifestyle factors.

Thursday 17th October, 2024

Clayton Hotel, Ballybrit, Galway H91 D526

6:30pm: Information Stands & Refreshments
7-9pm: Menopause Event

Chaired By:
Teresa Keane
Mental Health Ireland

FREE EVENT
REGISTER HERE

SCAN HERE

siobhan.mcandrew1@hse.ie

THE PANEL

Dr. Claire Thynne
Senior Clinical Psychologist in
Community Care

Ms. Ogechi Nwoedo
Health Promotion & Improvement
Officer with Specialist Interest in
Women's Health

Ms. Lisa Corbett
Senior Community
Nutritionist

Dr. Therese O'Reilly
General Practitioner with
Specialist Interest in Women's
Health

Ms. Helena Carr
Clinical Nurse Specialist
Complex Menopause Clinic, UHC

Thursday 17th October 2024 6:30pm - 9pm - Clayton Hotel, Ballybrit - Galway

Contact: siobhan.mcandrew1@hse.ie

Free Event! Register [HERE](#)

Loughrea Activator Pole Walking Program

ACTIVATOR POLE WALKING LOUGHREA

€10

THURSDAY 17TH OCT - 14TH NOV
11:30AM - 12:30PM
TEMPERANCE HALL (TEA ROOM)



A great physical activity that:

- improves stability
- reduces impact on hips/knees
- develops core strength
- improves posture;

To Register Text or Whats App Ellie
087 7511141

Starting Thursday 17th October 2024 11:30am – 12:30pm

This program is suitable for anyone over the age of 50.

Activator Poles will be provided for the program and beginners are welcome! Details are below:

Loughrea Activator Pole Program, Temperance Hall (tea room)

Thursdays starting 17th October for 4 weeks (taking a break for mid-term) 11:30am – 12:30pm

€10 per person

Register via eventbrite; [Loughrea Activator Pole Walking Tickets, Thu 17 Oct 2024 at 11:30 | Eventbrite](#) or text/WhatsApp **Ellie 087 751 1141**

MUSIC FOR GALWAY CASSIOPEIA WINDS



MfG
MUSIC for GALWAY

Cassiopeia Winds

<p>Wed 23 Oct / 7.30pm Genesys Building, Bonham Quay</p>	<p>Thurs 24 Oct / 7.30pm Kilcummin Church, Oughterard</p>
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Booking:
musicforgalway.ie

24th of October 2024 at 7:30pm

Cassiopeia Winds is a quintet of Ireland's finest wind players, named after a constellation in the northern sky which is formed by five bright stars. The group will perform in an intimate space on the top floor of the Bonham Quay development in Galway's docks with spectacular views over the city and the bay.

As part of the **MfG Encore series**, a slightly shorter programme will be repeated the following evening in Oughterard in partnership with Kilcummin Church of Ireland. Click [HERE](#) for details.

National Disability Authority (NDA)



Údarás Náisiúnta Míchumais
National Disability Authority

Thursday, 24th October 2024 9:30am – 4.15pm Aviva Stadium, Lansdowne Road and Online - Free!

The National Disability Authority would like to invite you to its Annual Conference 2024. This year's event will examine the implementation of Article 30 of the United Nations Convention on the Rights of Persons with Disabilities (UNCRPD) in Ireland, which focuses on the participation of people with disabilities in cultural life, recreation, leisure and sport.

A conference programme and 'meet the speakers' document are available on the [NDA website](#)

The Conference will be a hybrid event, in-person at the Havelock Suite, Aviva Stadium, Lansdowne Road or online via Zoom. This event will be **free** of charge. You can **register** [here](#)

Irish Sign Language interpretation and real-time captioning will be provided (online and in-person). A Changing Places toilet and quiet room will also be available.

If you have any questions, please do not hesitate to contact us by email at nda.annualconference@nda.ie or by phone (01 608 0400).

Free Health and Well Being Event - Athenry

**GALWAY RURAL
DEVELOPMENT AND
GALWAY SPORTS
PARTNERSHIP**



PRESENTS

FREE HEALTH AND WELLBEING EVENT



AT RAHEEN WOODS HOTEL

FRIDAY, OCTOBER 25

10:00AM – 1:00 PM

**FREE
Diabetes Screening
and Flu jabs -
Flanagan's
Total Health
Pharmacy**

Event Highlights

**FREE information and advice
from ALONE, Alzheimer's Ireland,
COPE Galway, Mental Health
Ireland and lots more
Refreshments served**

**FREE Heart
Health Checks
- Croí**



FOR MORE INFORMATION:

Freeda at 087 3674568 or Melinda at 087 6467879



Riailtas na hÉireann
Government of Ireland



Arna chomhoibriú ag
an Aontas Eorpach
Co-funded by the
European Union



This project is co-funded by the Government of Ireland and the European Union.

Friday 25th of October 2024 10am - 1pm - Raheen Woods Hotel, Athenry

For more info: Freeda 087 367 4568 - Melinda 087 646 7879

Communities Caring For Water Conference - Saturday, 9th November 2024



SAVE THE DATE

COMMUNITIES CARING FOR WATER CONFERENCE 2024

OUR WATER, OUR FUTURE: EMPOWERING COMMUNITIES TO IMPROVE AND PROTECT



SATURDAY NOVEMBER 9TH, 2024
RADISSON BLU HOTEL, ATHLONE 9.30AM-4PM
Registration will open soon



Saturday, 9th November 2024 9:30am - 4:00pm - Radisson Blu Hotel, Athlone.

Eastside Urban Walking Group
(European Week of Sport)

#BEACTIVE MOVE WITH US

EUROPEAN WEEK OF SPORT
23 - 30 September

SPORT IRELAND
LOCAL SPORTS PARTNERSHIPS



**EASTSIDE
URBAN**
WALKING GROUP
BALLYBANE/MERLIN/DOUGHISKA

COMMUNITY WALKS

Meeting points:

Ballybane Community Resource Centre

ARD Family Resource Centre (Every Second Tues)

Scan the QR Code to register



For further information or enquiries contact:

Vera at the Doughiska & Ballybane Community Sports Hub
vera@ardfrc.com or WhatsApp 085 8536614

- Starting 24th of Sep
- Weekly Walks:
TUESDAYS 11am

GET IRELAND
WALKING



Scan the QR Code
for walking routes



Healthy
Galway City



Riáiltas na hÉireann
Government of Ireland



Có-mhaoinithe ag an
Aontas Eorpach
Co-funded by the
European Union



SICAP
Social Inclusion &
Community Activation
Programme



POBAL
government supporting communities



Galway City Partnership
Compartánacht Cathair na Galíoch
a baidéir chun
an t-ádh a bhaint

Ardaun
Roscam
Doughiska
Family Resource Centre



The Social Inclusion and Community Activation Programme (SICAP) is co-funded by the Irish Government, through the Department of Rural and Community Development, and the European Union through the European Social Fund Plus under the Employment, Inclusion, Skills and Training (EIST) Programme 2021-2027.

Community Walk - **Weekly Walks: TUESDAYS at 11am**

More info: Email: vera@ardfrc.com WhatsApp: 086 853 6614

Best wishes from the PPN Team!

Please Share PPN Newsletters with all members of your group.

Find the latest PPN News here: <https://www.galwaycountypn.ie/news/latest-news/>

Follow us on Social Media for the latest updates - click the round buttons below !



- Website: www.galwaycountypn.ie
- Social Media Tag: #Galwaycountypn
- Facebook: [GalwayCountyPPN](https://www.facebook.com/GalwayCountyPPN) | X: [GalwayCoPPN](https://x.com/GalwayCoPPN)
- Email: ppn@galwaycoco.ie

To submit news items, email ppn@galwaycoco.ie (write "PPN Newsletter" in the subject).

*News Submissions Deadline: **One Week Before Each Newsletter Issue.**

Newsletters are usually issued twice a month - the week of the **1st & 15th** of Each Month.

What to Submit: approx. 50 words, contact info, link to read more, (optional) poster in png/jpg format.

News must be relevant to PPN Members / Community Groups / Non-Profits in County Galway.

*"The primary purpose of the PPN is to enable the PPN member groups to input into and have their voices heard within the formal decision-making structures of the local authority.
The PPN is now the main way that local authorities connect with groups active in their area".*

PPN Handbook (2020)

- o Facilitates the participation and representation of communities.
- o Strengthens the capacity of community groups.
- o Provides information relevant to the environmental, social inclusion, and community & voluntary pillars of the PPN.

PPN Aims:

Le dea-ghuí (with kindest regards)

Duana & Silvana

Galway County PPN Team

Public Participation Network (PPN) Galway County
Líonra Rannpháirtíochta Pobail (PPN) Chontae na Gaillimhe

www.galwaycountypn.ie | [facebook.com/GalwayCountyPPN](https://www.facebook.com/GalwayCountyPPN) | X: <https://x.com/GalwayCoPPN>



Líonra Rannpháirtíochta Pobail Chontae na Gaillimhe
Public Participation Network Galway County



Designed with BEE